

**Directions:** Shake well before drinking and drink immediately after opening pouch. Recommended to drink cold for better taste.

# Nutrition Information

Servings per package: 14

**Serving size: 1 pouch (30mL)**

	<b>Per 100mL/100g</b>	<b>Per serving (30mL/30g)</b>
Energy	79.0 kcal (340 kJ)	23.7 kcal (102 kJ)
Protein	10.0 g	3.0 g
Total Fat	0 g	0 g
Saturated Fat	0 g	0 g
Trans Fat	0 g	0 g
Cholesterol	0 mg	0 mg
Total Carbohydrates	10.0 g	3.0 g
Dietary Fiber	0.9 g	0.3 g
Sugar	2.6 g	0.8 g
Sodium	62 mg	18.6 mg

**Ingredients:** Water, **Fish** Collagen Peptide Powder, Xylitol, Cranberry Juice Concentrate, Apple Juice Concentrate, Acerola Cherry Powder (Acerola Cherry Juice Concentrate, Maltodextrin), Elderberry Juice Concentrate, Pectin, Wolfberry Powder (Wolfberry, Maltodextrin), Green Tea Powder, Citric Acid, Food Flavoring, Stevioside.

**Contains: Collagen (Fish).**

Contains thickener as a permitted food conditioner and permitted flavouring substances.

Contains Xylitol as a permitted sweetener. Excessive use can have a laxative effect.

Notice: This product contains collagen from fish, plant ingredients and concentrated fruit juice. Due to the quality of the ingredients, sedimentation is natural. 3g of Collagen Peptide Powder added per pouch. 900 mg of Cranberry Juice Concentrate added per pouch.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

This is a sealed container. Do not use if container is broken or pouch is swollen.